

## Illusions, i hope!

In about 2008 i had an experience with candle magic. i was trying to figure out the secrets of the universe and was staring into the [heart of the](#) flame of the candle, when all of a sudden i saw a little 'demonic' face inside. it seemed to escape the flame, so i blinked, and it was gone. then, i tried it again, and saw more little faces escaping. so i stared and stared and saw more all the time.


Then, all of a sudden, it came to pass that there were colors on the walls. i thought there was something wrong with my eyes, so blinked, and they were still there. so, i looked away, and back, and then saw it there again. then i placed my finger onto it, and [the light](#) disappeared, removed my finger and there it was.

Until recently i had forgot about it, but now, tonight, i was making these little things on the walls, and then i thought to myself, what if i could control them? they are hallucinations, no doubt, but i believe there is something deeper to it. so, i placed my hand in between myself and the lit candle, then closed my hand, then pointed with my index finger to [the roof](#). this started little shapes coming directly from the point i was pointing at, but missing a lot sometimes. my fault of course...

Then, i thought if i can start them in a single declared point, i could also move them, yes? so i tried, and it was easy at first - to move them with my fingers, but now they always go above my head and i cannot focus on them.

I have no doubt that we can draw our own arts in with candles and our hands, and hopefully entertain ourselves further with this.

This should help [a little](#) i think...

 Quote by: **wiki**

*Visual*[\[edit\]](#)

*The most common modality referred to when people speak of hallucinations. These include the phenomena of seeing things that are not present or visual perception, which does not reconcile with the physical, consensus reality. There are many different causes that have been classed as psychophysiologic (a disturbance of brain structure), psychobiochemical (a disturbance of neurotransmitters), psychodynamic (an emergence of the unconscious into consciousness), and psychological (e.g., meaningful experiences consciousness); this is also [the case](#) in Alzheimer's disease. Numerous disorders can involve visual hallucinations, ranging from psychotic disorders to dementia to migraine, but experiencing visual hallucinations does not in itself mean that there is necessarily a disorder. Visual hallucinations are associated with organic disorders of the brain and with drug- and alcohol-related illness,[39] and not typically considered the result of a psychiatric disorder.[40]*

I have found a better way to control where the colorful hallucinations start! if you were to look at your candle and place your hands like a as if to reply to a hands up, but with your hands at eye level, palms facing the candle, then you keep your hands the same distance apart and move it over a wooden object, then you will [be able to](#) control where your colors go.

I have, just two hours ago, procured a power animal! i was thinking of how to draw on [the wall](#), when this black dot went into the candle. then, i proceeded to stare into the flame. this time, i held on for a long time, and then i saw a serpent in the flames! my jaw literally hit the ground, as it was a 'salamander' or something, and it influences my thoughts. i just hope i will reach the point where i can make it move around and others will see it...

[A new](#) trick i learned, if you have a white board or white wall, either with a few flacks of black or chip, then you can stare at the various non white areas, and then you can make faces or smilies and little rabbits, cats and birds for the youngsters to watch and it goes at quite a speed from your subconscious to deliver a good refreshing subliminal cartoon with naughty animals and stuff. try it.

### Being a good listener.

Being a good listener is one thing that people will always love about you. if you were to let people talk without interrupting them, then they will appreciate your company. if you were to move around and stuff, that is fine, as everyone understands that people want to talk too to the other person, but, will only be waiting for their turn to speak. if you want to speak, stick out a finger, and then you will remember the thing you want to say when the person is finished. of course, i have done this, most of the time i retract my finger as i listen to the other person and forget what i wanted to say. probably wasn't important anyways. the truth is when you want to speak, speaking relieves stress, so to curb this stress you only need to clench your fist or do something small. saying mmm or something all the time will frustrate the other person who is talking, as then they will hold back letting you speak instead of losing a friend.

If you were to listen, you will eventually become good at it. think of guidance councilors? they seem to be so happy, as, they have their problems confirmed as being not only them without talking about it! yes, if you were to [listen to the](#) other people, they will say things to you that will answer your questions about yourself or questions you might have.

So, being a shoulder to cry on is good, i would say - good for you too.

If you get a turn to speak, i have heard that great minds discuss ideas, average minds discuss events, and poor minds discuss people. this is true! how often do you want to speak about ideas or events at least only to think you will be rejected by those speaking about others. speaking about others is something easy to do, and makes you lazy, and, makes you look for the quick way out of things, as you run away from [your own](#) questions!

Now, if you were to look for something hard to do, it is listening to criticism. if you are a 'dare devil,' you might say why not to some of the things people say to you - that you will actually try to do these things. if you reject everything people say to you, you will need to say why not, and, in any of the cases, if there is a why not, then you could weigh them up and decide for yourself. for example, someone asks you to give them some money... why not? well, it is your money, you need it. you could give it to someone else in need. you could be in debt, as most people are. of course, [on the other hand](#), they might need it. it could feed their family? it could make you feel good to give them money. you may want to impress somebody nearby, as shallow as that sounds, it matters to me and i suppose it matters to a lot of you.

If you were to be surrounded by people dragging you down, you should throw the cat among the pigeons. if you were to say to them that they are all boring, for example, they might be offended. then, you could say of course they are not boring, but they know of others that are, yes? this they will agree with, then look around shocked at the thought of being fingered. the best thing to do then is to laugh it off, and try to be more interesting - this is a great way to get people to listen to you, the one posting ante!

But, how do you get someone to listen to you? If you were to distract them all the time, then they will give quick answers to your distractions, and get confused. then, only if it is really important will they interrupt you, but, if you were to talk to them in [the form](#) of questions, i think you will find your best chance there.

### My own power points.

I have read a little now about pressure points in martial arts, as i used to do [a little bit](#) of that, and then i found that there are also chakras. now, can we unlock our bodies inner strength by finding our 'power points?' if we were to observe the rain dances, then we would also maybe say that the powers are mystically changed and molded through our chakras and power points moving in a combination of dance, thought and communication with the world around us.

So, if we could identify our power points, and activate them, we could do things of a supernatural nature hopefully.

Instead of focusing on your spine, we should look to our muscles. i suppose the major power points, by my own opinions, would be our fingers and toes, our neck, and our calves, biceps, triceps thighs and abdominal muscles. think of how relieved we become when our bodies are exercised? of course, we could do these things at [any time](#), but, it is only through our muscles that we can manipulate the world around us, yes? this makes sense.

Now, to get our muscles to combine with our chakras, we need to do some yoga and then some exercises, i suppose? maybe that will work? i don't know where this will lead, but hopefully it will unlock our true potential as some say we could be the tomorrow people of that same show. if you think about it, chakras are bones, and power points or muscles are the things that move. if we were to meld them together, we could channel our chakras with our muscles. let's look at acupuncture?

Okay, they say acupuncture doesn't work. that leaves us with yoga and my new '[power points](#).' hooray. but, this reminds me of something...

 Quote by: [http://en.wikipedia.org/wiki/Breaking\\_\(martial\\_arts\)](http://en.wikipedia.org/wiki/Breaking_(martial_arts))

*Breaking is a martial arts technique that is used in competition, demonstration and testing. Breaking is an action where a martial artist uses a striking surface to break one or more objects using the skills honed in their art form. The striking surface is usually a hand or a foot, but may also be a fingertip, toe, head, elbow, knuckle, or knee. The most common object is a piece of wood, though it is also common to break bricks or cinder blocks.*

*Breaking can often be seen in karate, taekwondo and pencak silat. Spetsnaz are also known for board and brick breaking, but not all styles of martial arts use place equal emphasis on it or use it. In styles where striking and kicking is less important and there is an emphasis on grappling or weaponry, breaking is less prominent. Traditional Japanese martial art schools place little, if any, emphasis on board-breaking, although the art of breaking objects was known as tameshiwari, while the similar practice of Tameshigiri or 'test cutting' is used in sword arts.*

This brings into realization the points [of the body](#) that focus our energy. so, we have yoga chakras, muscles, and areas for us to realize the focus into the world. i would suggest that added to these, there should be breath, as we know that singing will initiate some other things.

So, to prepare ourselves for a power to manifest, we need to clear our body of negative energy or stress, then imagine our manifestation into the world, which will be new stress, then concentrate and 'push' and 'pull' and coax the power

manifestation into being. of course, starting with something moving, like bending a spoon, or something, all begins with an illusion, but then we need to make that illusion real, by doing what we have been speaking about.

### **Avoiding poverty.**

Maybe the best thing we can do for those earning less than a living wage is to let them buy good for the cost price for the shops they work for? if you work at the seven eleven, maybe instead of letting them starve to death, or whatever, they should be paid in foods? of course, this creates it's own problems as they will then sell the goods to others for cash. maybe they are even stealing things for themselves and others and this means all the a grade food will be stolen?

So, the only possible solution would be to pay them more. or is there another solution?

Maybe they could pay them in coupons? the shops could get together to form a 'chain' or 'circle' and then collect the stamps they need to buy food, so, they could actually pay them more in stamps. but this might not work out very well, as they might sell the stamps. oh what to do?

Maybe they should try to get them on board with the shop? if they were to pay them as if they were shareholders, the better the shop does the more they get paid? this will mean that they will try their best to deliver services to people just walking in, they will know how the shop works financially, and then they will be able to collect more money from the shop. of course, they will be paid on commission, and will have to lure people into the shop, so that might mean that they will actually get paid less? of course, they will survive as they will be able to buy goods from the shop at a modest cost, and be able to sell the things themselves. this means it will be like a trickle down sort of commission, as they will no doubt open their own shops selling things at a modest profit, and all the modest profits put together will mean that there might be deflation too? this should work!